

September 2024 Newsletter

"Making lives better tomorrow by what is done today." Honks!

Rhonda Baldwin, Jessica O'Neal, Vicki Reed, Dustin Belt, Madison Rodriguez, Stephanie Cox, Devon Gawronski, Kari Cook, Dani West, Barbara Remmen, and Alicia Mondoza for picking up shifts. -Sam B.

Karena Dennis for working hard on finding fun activities and crafts for the 515 guys! -Robin G.

Janelle Rolfes for working through client behaviors independently. -Joanie R.

Annie Jackson for being a great overnight team member and helping a client learn how to use adaptive equipment. -Isaiah M. Heather Harmon for learning all the CSC duties and helping out as much as possible. -Sam B.

Gabriel Kane for communicating a client situation in a timely manner. -Isaiah M.

Julia Guilliams for doing an excellent job participating in a client SIS. -Lisa H.

Have Honks to give? Send an email to Btravis@ameriserveintl.com or bhargens@ameriserveintl.com..

Don't see your honks recognized here? Check the lobby monitor system at the front desk the next time you are in the office!

Honks!

- Amber McDowell and Amber Scangarello for becoming MANDT certified. -Briana T.
- Rachael Prinzing, Dennis Stolz, Madison Hanna, Ainsley Irwin, and Rodnesia Smith-Carter for being flexible. -Chaslyn B.
 - Alondra Ibarra for adjusting her schedule and rearranging her team, to meet the current house demands. -Lisa H.
 - Baylee Ruffcorn for always advocating for the clients. -Becky H.
 - Briana Travis for all her hard work with getting the medication manager training together. -Tyna A.
 - Veronique Keke for always having the clients ready to go for Dayhab on Monday mornings. -Joanie R.
- Michelle Hagelstein for keeping up with CSC responsibilities and always communicating with me. -Alex T.

Gina Smith for preparing for PTO. -Ashley P.

- The entire team at 2441 for staying consistent with a new client moving into the location. -Greg S.
- Amanda Fay for being creative and coming up with new dayhab activities. -Becky H.
 - Misty Fleming and Alex Tison for following up on several miscellaneous items quickly. -Chelsea A.
- Courtney Carmichael for keeping her supervisors in the loop. Becky H.
- Rachael Prinzing for always smiling and being positive and being ready to help others out. -Andi T.

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Client

Maysen P.



Maysen joined Ameriserve DayHab in December 2023, attending our program every Friday. In August 2024, she began coming twice a week, and we've seen remarkable progress in her time with us. Since December, we have seen a significant change in Maysen's attitude, and her communication with peers and staff has improved tremendously. She now engages in conversations and answers questions with confidence.

Maysen enjoys a variety of activities, especially crafting and painting. She loves spending time at the splash pad and has a great sense of humor, always joking around with her peers. We're thrilled to see her growth and look forward to supporting her continued success at Ameriserve.

Spotlight



Its time to celebrate!
These individuals have birthdays
in September!

Billy A.

Ashley C.

Isaac D.

Russell F.

Joshua H.

Steven H.

Lane M.

Robert P.

Maysen P.

David R.

Ashley R.

Steven W.

Darek Y.



Client Creativity



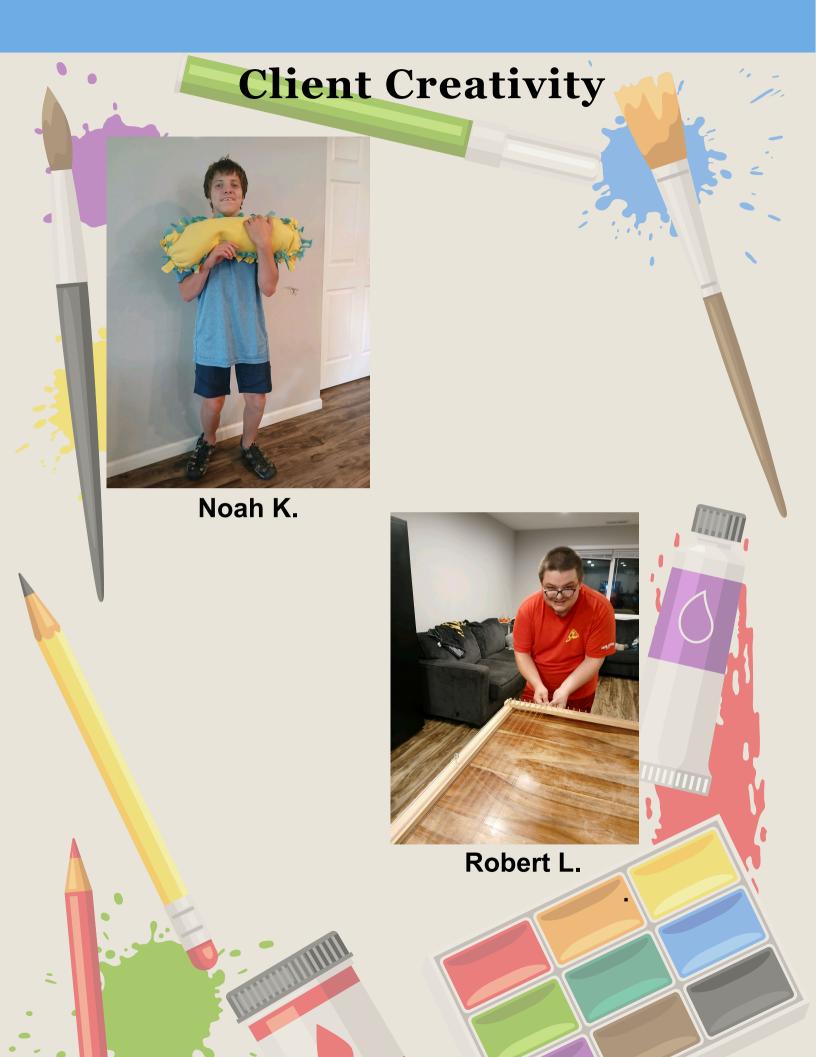
Jairret B.



Brandon H., Adam D.,
Shelby S., Justin H.,
Michaela C., Emily E.,
Kaleigh G., and Tony K.



Danielle F..



Community Engagement



ASI2 treated its clients to a thrilling day at Adventureland, a popular amusement park known for its exciting rides and lively atmosphere. The day was filled with joy, laughter, and unforgettable memories as the group explored all the park had to offer.

Upon arrival, the clients eagerly jumped onto various rides, from the heart-pounding roller coasters to the more relaxed carousel. The thrill of the rides brought out smiles and cheers, creating an exhilarating experience for everyone involved.

The fun didn't stop there. ASI2's clients also tried their luck at the many games scattered throughout Adventureland.

Whether it was tossing rings or shooting hoops, the games provided plenty of entertainment and a chance to win prizes, adding to the excitement of the day.

Overall, the Adventureland outing was a huge success. The clients not only had a blast but also created lasting memories.

ASI2's commitment to providing enjoyable experiences for their clients was evident throughout the day, making the event one to remember.



Community Engagement

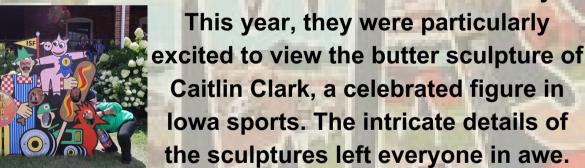


ASI2 clients recently had an exciting and memorable day at the lowa State Fair. The group took advantage of all the fair had to offer, from sampling delicious food to trying their hand at various games. The atmosphere was full of laughter and fun as the clients explored the fairgrounds, taking in the vibrant sights and sounds.





One of the highlights of the day was visiting the famous butter sculptures. The clients were thrilled to see the iconic butter cow, a tradition at the lowa State Fair for over a century.





Overall, the trip to the lowa State Fair was a fantastic experience for the ASI2 clients, filled with joy, community, and plenty of cherished memories.



Diverse Experiences Highlight the Joys of Summer Camp

As summer draws to a close, three individuals have shared their unique experiences from attending summer camps, each contributing to and benefiting from their time in different ways. Their stories illustrate the wideranging impact of camp life, from personal growth to community building.

Volunteer Camp Counselor Embraces Leadership Zachary R. spent his summer as a volunteer camp counselor. Zack, has a passion for camp and helping his peers at camp, found his role to be both challenging and rewarding.

"I wanted to give back and share my love for the outdoors and learning," said Zachary. His responsibilities included leading daily activities, supervising peers, and helping to organize camp events. Zack enthusiasm for teaching and community engagement was evident as he described his experience.

"My favorite part was seeing the campers have fun and enjoy their time at camp. It was incredibly fulfilling,"Zack noted. His efforts didn't go unnoticed; parents and fellow counselors praised him for his dedication and positive influence on the campers.

Diverse Experiences Highlight the Joys of Summer Camp

Recreational Activities Bring Joy to Camp Attendees Meanwhile, Kasey L. and Giel K., attended Camp as well, the two immersed themselves in everything the camp had to offer, from archery and arts and crafts. Their experience highlights the diverse interests that camps cater to, ensuring that each participant finds something they're passionate about while making lasting memories.

Community Impact and Personal Growth
The experiences of Zack, Kasey and Giel reflect the
multifaceted benefits of summer camps. For Zack, it
was a chance to lead and inspire. For Kasey and
Giel, it was an opportunity to engage in activities
they love and to connect with others who share their
interests.

As summer camps continue to evolve and adapt, they remain a vital part of many people's lives, offering not only recreational fun but also personal and social growth. Whether as a counselor or a participant, the camp experience can leave a lasting impact, fostering new skills, friendships, and memories that last a lifetime.



We would like to extend a warm welcome to all the new team members who have joined our team!

Mohammed Ali
Makida Black
Nancy Cintron
Lashauntay Comer
Trista Foose
Shelley Keisner
Felicia LaBille
Anna Lundy

Terry Minard
Angela Novak
Emily Rubenking
Haley Rytter
Kaleb Shields
Meshack Sialuma
Tethloach Tut
Tara Wyer



Team Member SPOTLIGHT

Sierra Haddix, a cherished member of the Ameriserve family for nearly two years, has quickly become a standout employee. Her warm smile and positive demeanor have made her a favorite among team members and clients alike. But Sierra's talents and passions extend far beyond her professional life.

Outside of work, Sierra is deeply involved in her church community. She sings in the church choir, where her voice adds a special touch to each service. Her love for music doesn't stop there; Sierra is also an avid songwriter. Over the years, she has written more than 20 songs, a testament to her creative spirit and dedication to her craft.



Sierra Haddix

From 2019 to 2022, Sierra took on the role of a softball coach, guiding her team to victory in two championships. Her leadership and commitment on the field were evident, and she made a lasting impact on her players.

At home, Sierra's heart belongs to her beloved dog, Toby, a 3-year-old Great Pyrenees. Toby is more than just a pet; he is a constant companion and a source of joy in Sierra's life.

Sierra Haddix embodies the qualities of a dedicated employee, a passionate artist, and a caring individual. Whether at work, in her community, or with her dog, she brings a unique energy and warmth to everything she does.

ASI Birthdays!

September 1st: Timothy Hanna September 2nd: Renae Addison September 3rd: Michaella Davis

September 5th: Erin-Nichole Jones

September 6th: Nykhia Miller and Diana Sharp

September 9th: James Westphal September 10th: Janelle Allen September 15th: Greg Scott

September 19th: Nadeizia Williams
September 22nd: Joshua Smith
September 25th: Kevin Conn

September 26th: Laura Freeman, Kelly Wieczorek, and Hailey Woodbury

September 29th: Dustin Belt September 30th: Veronika Finck

ASI Anniversaries!

Steve Pearson 09/07/2010 (14 years)

Brian Travis 09/07/2012 (12 years)

Jessica Rea 09/20/2017 (7 years)

Kilene Lyons 09/28/2017 (7 years)

Barbara Remmen 09/20/2018 (6 years)

Osvaldo Lopez 09/14/2022 (2 years)

Margarita Rasmussen 09/15/2022 (2 years)

Celestina Peter 09/22/2022 (2 years)

Wendy Lapel-McIntosh 09/26/2022 (2 years)

Michelle Miller 09/28/2022 (2 years)

Tyler Pearson 09/07/2023 (1 year)

Kristy Stick 09/13/2023 (1 year)

Delvin Thompson 09/14/2023 (1 year)

Veronique Keke 09/15/2023 (1 year)

Chloe Nichols 09/25/2023 (1 year)



Goal Achievements!

Tyna Anderson and Tonya Carroll went to Florida!

Jessica O'Neal stopped smoking and vaping!

Carrie Rouleau bought a new car!

Chaslyn Bryant became a mentor for Big Brothers Big Sisters!

Andrenika Teel started classes at Buena Vista University!

Upcoming Events and Holidays:

September 5th
Classic Car Night
Quaker Steak and Lube
4pm-10pm

September 6th-8th
Skinny Bones Pumpkin Patch
Opening Weekend

September 7th
Fields of Flight
Ditmars Orchard & Vineyard
5:30pm

September 8th Rally for Life Werner Park 8:30am

September 14th
Cactus Fiesta
Drips Botanical Elements
12pm-4pm

September 17th Al vs TJ Volleyball AL Highschool 7pm

September 19th Bikes on The 100 Block 5pm

> September 20th Comedy Night Rivers Edge 7pm-9pm

September 20th
AL vs TJ Battle for the Friends and
Alumni Trophy
Gale Wickersham Athletic Complex
7pm

September 21st
Railroad Days
Union Pacific Museum
9am-5pm

September 21st & 22nd, 28th & 29th
AppleJack Festival
Arbor Day Farm
9am-7pm

September 22nd
Nebraska Reptile Breeder Expo
La Vista Convention Center
7:30am-4pm

September 26th
Nerf War
Carter Lake Public Library
4pm-6pm

September 26th
Grandparents Day
Sinny Bones Pumpkin Patch

September 27th
Adult Sip and Paint
Carter Lake Public Library
6pm

September 28th
Omaha Oddities and Art Expo
The Admiral
10am-7pm

September 28th and 29th Dozer Day Nebraska Sarpy County Fairgrounds 10am-4pm

September 28th
All People's Pantry and Community
Health Clinic
4444 Frances St Omaha
8:30am-11am

September 28th
Crescent Farmers Market
517 E Welch St
9am-1pm

Omaha Farmers Market 1100 Howard St Every Saturday 8am-12:30pm

Every Thursday come see us at:



Bayliss Park 4:30pm-7:30pm

ASI University



Congratulations to: Danielle
Coverdill, Lexus Franks, and
Christian Soria for completing
Coaching 1!



Congratulations to: Alexia Ives for completing Coaching 1!

ASI University



Congratulations to: Abby Cavallaro, Alicia Mendoza,) for completing Coaching 1!



Congratulations to: Karena
Dennis and Natasha Leland for
completing Coaching 1!



"Perception is reality. It is a simple idea. Our view of the world and our interactions with others shape our thoughts and feelings. Those thoughts and feelings determine our responses. Our responses become part of our world. This world we create becomes our reality." This statement is at the heart of the training behind the Mandt System. AmeriServe is committed to providing team members with the skills they need to effectively manage challenging situations. With that commitment the decision was made to send Area Director, Amber McDowell (ASI II) and Program Coordinator, Amber Scangarello (ASI-IA) to become certified Mandt trainers to enhance our annually required Behavior Support Alternatives (BSA) training. In addition, AmeriServe will be sending Program Coordinator, Adam Iniguez Rios (ASI-IA) and Program Coordinator, Alex Tison (ASI-IA) to become certified trainers, as well.

The Mandt System emphasizes building healthy relationships between people in the workplace to ensure safety (physical, psychological, social, and emotional), that needs are being met, and goals are being achieved. It is the foundation of their relational skills training.

In the month of September there will be an introduction to some of the material that is in development for future team member training purposes. It will be combined with information on the BSP baseline project that is in progress and some of AmeriServe's BSA information to meet our annually training requirements.

The Board of Directors would like to express their appreciation to the group of certified Mandt trainers (and soon to be certified) for their efforts to bring this training opportunity to AmeriServe.

ASI Cookbook Recipe of the Month!

Asian Beef with Mushrooms and Snow Peas

Ingredients:

Homemade Sauce

- 1/2 cup tamari or low-sodium soy sauce.
- . 2TBSP brown sugar.
- · 6 cloves of garlic, minced.
- . 1/2 TSP ginger.
- . 2 TSP rice vinegar.

Beef:

- . 10 oz snow peas.
- . 4 TBSP olive oil.
- 10oz mushrooms, sliced thin.
- 1 IB beef, thinly sliced (sirloin or flank steak).

Directions:

Prepare Sauce:

- 1.) Combine all the sauce ingredients in a bowl.
- 2. Whisk together, set aside.

Sides:

- 1. Bring water in a medium pan to a boil.
- 2. Add snow peas, boil for 5 minutes and set aside.
- 3. Heat large skillet until hot, add 2TBSP of olive oil.
- 4. Add sliced mushrooms and cook on high heat, turning occasionally until brown.
- 5. Remove mushrooms from heat and set aside.

Beef:

- 1. Add the beef to the skillet after removing the mushrooms.
- 2. Add 2TBSP of olive oil.
- 3. Brown the beef slices turning occasionally until all brown.

Assembly:

- 1. Return all peas and mushrooms back to the pan of beef.
- 2. Add the sauce and mix all together.
- 3. Heat all together at least for one minute.
- 4. Serve and enjoy.

