# Peoples Press

March 2025 Newsletter

## "Making lives better tomorrow by what is done today."

The People Company

## Honks!

Tanja Ebert for planning the entire Valentine's Day Party at DH 215B
Michaella D.
Adan Iniguez-Rios for taking on the 2428 location on his caseload and
putting it all togetherCorina G.
Emma Judd & Emma Ostdiek for helping out in residential when DH was
closedMichaella D
Greg Scott for helping me out for my move to, it has been wonderful! -
Corina G.
Amy Kasperbauer & Jessica Pearson for always being flexible with
transportation changesMichaella D.
Isaiah McGrone & Diana Sharp for covering my caseload while I was out
for surgeryChaslyn B.
Gina Smith for working with me to get the MARs straightened out at my
new locationCorina G.
Kayla Kron and Laura Freeman for consistently providing valuable tips in
the group chatSam B. Have Honks to give? Send an email to Btravis@ameriserveintl.com or
bhargens@ameriserveintl.com
Don't see your honks recognized here? Check the lobby monitor system at the front
desk the next time you are in the office!

### **Honks!**

Baylee Ruffcorn for always having her documentation completed by the end of her shift with zero corrections. -Breanne R.
Joanie Renk and Adam Iniguez-Rios for their assistance and insight! Joanie and Adam are contributing members of the Behavioral Support Plan Taskforce who offer their insights and experience in developing and implementing the new BSP that will be used across all of ASI. -Alex T.
LCSR Janelle Rolfes for coming to work with an injured ankle each and every day. Her contribution to the team is so valuable and appreciated. - Joanie R.

ASI II leadership team for always showing up to get things done for our clients. -Jim W.

Rhonda Baldwin for keeping the CSCs up to date with med changes. -Sam B.

Adam Iniguez Rios for assistance with a client's behavior and his willingness to set down with the housemates and come up with a safety plan for the individual. -Joanie R.

Katelynn Jordan for being flexible and helping with other locations due to call outs. -Chaslyn B.

Bri Travis, Lisa Gaunt, and Tonya Carroll for the support they are providing to Day Hab Leadership. -Jim W.

ASI 2 for their help with moving a client to a new house in lead on. -Chaslyn B.

All Lead-On locations for the best MAR audits in February to date. -Bri T. Jessica O'Neal for training at the last minute and handling communication. -Heather H.

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### **Honks!**

Jessica Pearson for painting and decorating the "HONKs" board in the Con-Ed room! -Culture Taskforce Day Hab LCSCs, Kilene Lyons, Torre Childers, & Breanne Rea for communicating with Lisa Gaunt on ASI Plans as well as PNPs & completing the corrections and asking questions when needed! -Becky H. Jake Jones for helping set up a scanner app and fixing Outlook task list for me! -Chelsea A. Derek Sellers for his work with a very attention seeking client while working at the home during a CSC's medication review. -Ashely P. Joanie Renk for working diligently with a client during major behavior incidents and following the BSP to deescalate. -Adan I. Deana Blunt for always having her spenddowns completed on time and for getting perfect financial reviews over the last 6 months. - Amber S. Diana Sharp for picking up lead on duties and assisting other CSCs with an emergency client situation. - Amber M. Emily Rubenking for covering day shift at a home for the first time while day hab was closed. -Breanne R. Adan Iniguez Rios for supporting a client's move to Lead On, on a cold Friday morning, ensuring he gets off to a good start with his new opportunity. -Jim W. ASI 2 for their help with moving a client to a new house in lead on. -Chaslyn B.

Jaymee Talcott for always having great communication regarding the care of all individuals. -Breanne R.

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#### Dennis Stolz for his excellent work with problem solving at his location. -Isaiah M.

Christian Soria for picking up extra hours. -Diana S. Katelynn Jordan for keeping up with consistently keeping the MAR and medications up to date at her location. -Isaiah M. Savanna Wiseman for getting a client to make a menu for his goals. -Kelly Vicki Reed and Madison Rodriguez for picking up shifts when needed for coverage and being flexible, it truly makes a difference! -Sam B. Greg Scott for his support with the 1410 transition. -Isaiah M. Ailish Andersen, Rhonda Baldwin, and Hailey Woodbury for always keeping us in the loop when it comes to appointments. -Sam B. Dustin Belt for helping a client with extensive appointments and medications. -Kelly S.

Annie Jackson for picking up extra shifts. -Isaiah M.

#### **Client Honks!**

HONKs to Travis B., Tony K., & Justin S. for working on building relationships and using their coping skills in order to move to the next step of less dependency! They have done a great job communicating and finding ways to work through difficult situations and have moved to the Lead On Program! -Corina G.

Elizabeth L. for making the decision to remove nicotine out of her vape and sticking with her decision. -Joanie R.

Sarah T. for coming up with community activities she wants to do with team members and for going out to eat with her roommates on two different occasions. -Joanie R.

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#### Client



Xander Z.

If you know Xander, you know he's a force to be reckoned with. From the moment he joined the company in the residential program, he quickly demonstrated his readiness to take on more—both within the company and in pursuit of his personal goals. In the Lead On program, Xander has consistently shown his determination and commitment to landing a job, with a clear vision of his future. His dream of becoming a mechanic fuels his drive, and he seizes every opportunity to hone his skills in the field.

Currently, Xander is exploring career options and also has his eyes set on furthering his education at Iowa Western Community College. When he's not at Dayhab or running errands, Xander is deeply involved in volunteering at a local farm—a perfect fit for his love of animals. With a versatile skill set and a hands-on attitude, he's more than capable of tackling any challenge that comes his way. Whether it's putting on his boots to get to work or enjoying some downtime, Xander is always in action. Outside of his professional and volunteer pursuits, he enjoys playing video games and cherishing quality time with his closest friends. With his ambitions set high, Xander is determined to reach the Hourly Program in the near future, and there's no doubt that he'll get there with his overwhelming amount of potential.

#### **Spotlight**

### **Client Birthdays**

Tami A. Claire D. Lillian D. Angela E. Emily E. John H. Roger J. Giel K. David L. Sabrina M. Simon R. Stacy S. Aaron W.

### **Client Creativity**



Jessica M.



Maysen P.

person

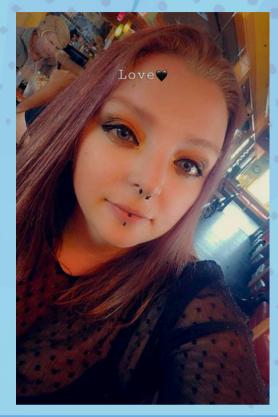
We would like to extend a warm welcome to all the new team members who have joined our team!

> Jessica Beaty Gabrielle Bokelman Elijah Brown-Jones Isabelle Devine Christopher Dunlap Nakiyah Dunn Dayzanequie Haynes Ja'Niya Kyles Kymberlee Marshall Jaren Roe Jennifer Santiago-Medina



### **Team Member SPOTLIGHT**

Rachael is an integral part of the ASI 2 team, serving as a lead in a program that provides daily support to consumers, helping them live the lifestyles of their choice. With a deep commitment to person-centered care, Rachael empowers individuals to set and achieve personal goals, fostering both independence and growth. She tailors her approach to meet the unique needs of each consumer, ensuring they have the tools and support to succeed while encouraging self-expression and exploration of new opportunities.



#### **Rachael Prinzing**

As a leader, Rachael also plays a vital role in mentoring and guiding her team, creating a positive and collaborative environment. Her passion for making a difference is reflected in her daily interactions with both consumers and colleagues. Rachael's dedication and ability to inspire those around her make her an invaluable member of the ASI 2 team, and we are excited to see the continued impact she will have in supporting the growth and empowerment of those she serves.

## **ASI Birthdays!**

March 1st: Sierra Haddix and Jasmine McClymont March 2nd: Tiffani Hastings and Cynthia Whitehill March 3rd: Kalease Shelton and Clell Souther March 4th: Katelynn Malik March 6th: Linda Sanchez March 7th: Alicia Mendoza March 7th: Alicia Mendoza March 8th: Aaron Gardner and Delvin Thompson March 10th: Dawn Wilson March 10th: Dawn Wilson March 11th: Annie Jackson and Sarah Smith March 18th: Abdelaziz Hasan and Derek Sellers March 19th: Haley Rytter March 22nd: Kerigan Keefer March 26th: Scotty Delezene March 31st: Betty-Jean Holt and Carolyn Lewis

#### **ASI Anniversaries!**

Gina Smith 03/05/2007 (18 years) Kathy O'Neal 03/20/2007 (18 years) Greg Scott 03/25/2015 (10 years) Julia Guilliams 03/07/2017 (8 years) Emma Ostdiek 03/02/2020 (5 years) Gregory Clark 03/22/2022 (3 years) Brenna Livingston 03/29/2022 (3 years) Sierra Ross 03/01/2023 (2 years) Kaleb Hansen 03/02/2023 (2 years) Monica Estes 03/16/2023 (2 years) Lisa Gaunt 03/20/2023 (2 years) Susan Hastie 03/24/2023 (2 years) Jessica O'Neal 03/24/2023 (2 years) Tonya Carroll 03/27/2023 (2 years) Djenane Lafleur 03/28/2023 (2 years) Katelynn Malik 03/31/2023 (2 years) Lorie Wilcoxson 03/14/2024 (1 year) Caitlyn Kush 03/19/2024 (1 year)

#### **Upcoming Events in the Community**

March 4th Adult Board Game Night Council Bluffs Public Library 6:00 to 8:45pm

March 8th Spring Craft Fair Millard West High School 9am-3pm

> March 8th World of Wheels CHI Event Arena 10am-8pm

March 8th Shamrock Shuffle 149 W Broadway 9:30am

March 9th Casserole Dish (Bring one and share with others) Driftwood Inn 1pm

March 11-13th Drop In! 3D Printing Council Bluffs Public Library 2:00 to 4:00PM

> March 13-16th Disney on Ice CHI Health Arena

March 15th Spring Craft Fair LIED Center- Bellevue 9am-3pm

March 15th-16th Omaha Comic & Toy Show Oak View Mall March 16th Swan Lake 2700 College Rd 4pm

March 17th Adult Coloring Club Council Bluffs Public Library 6:30 to 8:00pm

> March 18th Game Night- Free Spielbound 6pm-10pm

March 21st-22nd Council Bluffs PRCA Rodeo Mid America Center

March 21st-22nd Council Bluffs PRCA Rodeo Mid America Center

March 21st Adult Board Game Night Carter Lake Library 6pm-9pm

March 22nd Midtown Pickle Party Midtown Crossing 3pm-6pm

March 28-30th Heartland National Duels NEUSA Wrestling 8am-5:30pm March 28th Dueling Pianos 2698 College Rd 5pm-7pm

March 29th Gretna Craft Fair Gretna East High School 9am-3pm

Other activities all through out the month:

St. Patrick Fish Frys every Friday 4:30pm-7pm

Lancers and Omaha Supernova Games

Omaha's Henry Doorly Zoo and Aquarium

**Joslyn Art Museum** 

Union Pacific Railroad Museum







### Continuing Education Disability Diagnosis Series: Fragile X Syndrome

In the upcoming month of March, we will continue our educational Disability Diagnosis Series, focusing on a condition that is often less recognized: Fragile X Syndrome. This diagnosis, while not widely known, plays a significant role in the lives of many individuals and their families. In this session, we will take a comprehensive, in-depth look at Fragile X Syndrome, exploring its causes, symptoms, and the impact it has on those who live with it. Our goal is to equip you with the knowledge necessary to better understand and support those affected by this condition.

Throughout the session we will cover a wide range of topics related to Fragile X Syndrome, including its genetic origins, the spectrum of symptoms it may present, and how it differs from other similar diagnoses. The session will be structured to engage participants in both small and large group discussions, allowing for meaningful conversations that promote deeper insight into the condition. These discussions, combined with the presentation of factual and research-based information, will foster a dynamic and interactive learning environment. We will also explore strategies for providing effective support and care for individuals with Fragile X Syndrome, focusing on practical approaches for caregivers, educators, and healthcare professionals. Our aim is to provide participants with the tools and resources they need to make a positive difference in the lives of those affected.

By the end of the session, you will not only have a clearer, more in-depth understanding of Fragile X Syndrome, but you will also gain practical knowledge about the challenges individuals with this condition face and the specific ways we can support them. This session is designed to help you walk away with a deeper sense of empathy and a toolkit of strategies to assist in improving the quality of life for those living with Fragile X Syndrome.

## ASI Cookbook Recipe of the Month!

Ingredients:

- -1 package brownies or chocolate cake.
- -4 double chocolate pudding cups.
- -4 vanilla pudding cups.
- -Crushed thin mint or grasshopper cookies.
- -Green food coloring.
- -Reddi Whip or Cool Whip.

-Sprinkles.



Directions:

- 1. Cut the brownies or chocolate cake into small bitesize pieces and arrange half of them into the bottom of four parfait cups.
- 2. Spoon the double chocolate pudding over the brownie/cake. Sprinkle the crushed cookies over the chocolate pudding. Add the rest of the brownie/cake on top of the chocolate pudding crushed cookie mixture.
- 3. Add a drop of green food coloring to the vanilla pudding and mix well, add until desired color of green. Spoon the green vanilla pudding into the parfait cups on top of the next layer of brownie/cake.
- 4. Top the parfait with whipped cream and sprinkles as desired, and enjoy!

End up making the recipe of the month? Send pictures of everyone creating the recipe to bhargens@ameriserveinl.com to be featured in the next newsletter edition!